

Year 7	Year 8	Year 9	 		
			Step	Practical	Understanding
LADD1	LADD2 MADD1		1	Limited precision, control, fluency and skills. Inaccurate timing. Timing is not yet accurate. Skills development is individual not team focussed.	Emerging understanding of rules, skills, techniques and tactics from some supports.
LADD3 MADD2 HADD1	LADD1		2	A basic level of technical accuracy, precision, control and fluency. Some evidence of awareness of timing and application of skills. Has basic influence on the performance and motivation of others on the team and shows some communication skills. Relies on support.	Shows some basic understanding of the rules and regulations, basis skills, techniques and tactics of some sports as well as of the impact of physical activity on a person's health, wellbeing and fitness.
MA DD3 HADD2	LADD2 MADD1		3	Can demonstrate a good level of technical accuracy, with precision, control and fluency, this may include good position-specific skills, good timing, good communication resulting on some influence over the performance and motivation of others.	Understands the basic rules and regulations from some sports and demonstrates knowledge and understanding of basic skills, techniques and tactics within some sports.
HA DD3	LADD2 MADD1		4	Demonstrates a good level of technical accuracy, with good precision, control and fluency, good position-specific skills, improving accuracy of timing and more consistent application of skills. Can influence on the performance and motivation of others and communicates effectively in the game. There is some evidence of tactical understanding and appreciation as well as the ability to adapt to changes in a competitive situation. Shows a degree of independence.	Understands and effectively applies the rules and regulations from some sports and demonstrates accurate knowledge and understanding of skills, techniques and tactics and their use within some sports. Can provide feedback on their own performance. Has an understanding of the impact of physical activity on a person's health, wellbeing and fitness
HA DD3	LADD3 MADD2 HADD1	LADD1	5	Demonstrates a good level of technical accuracy, with good precision, control and fluency, good position-specific skills, where accuracy of timing and more consistent application of skills are beginning to reduce the number of errors. Regularly influences the performance and motivation of others. Shows tactical understanding and appreciation as well as the ability to adapt to changes in a competitive situation. Works independently.	Understands and effectively applies the rules and regulations from a wider range of sports and demonstrates accurate knowledge and understanding of skills, techniques and tactics and their use within sports. Can provide feedback on their own performance and the performance of others. Has a growing understanding of the impact of physical activity on a person's health, wellbeing and fitness
	MDD3 HADD2	LADD2 MADD1	6	Demonstrates a good level of technical accuracy, with good precision, control and fluency. Has very good position-specific skills, accurate timing and more consistent application of skills with few errors and misjudgements consistent influence on the performance and motivation of others effective communication in the game applies tactical understanding and appreciation. Adapts to changes in a competitive situation. Can independently and safely prepare for, and recover from, physical activity	Understand and effectively apply the rules and regulations from some of sports. Demonstrates accurate knowledge and understanding of skills, techniques and tactics and their use within some sports. Able to evaluate and provide feedback on own and others performance. Has an understanding of the impact of physical activity on a person's health, wellbeing and fitness

	HADD3	LADD3 MADD2 HADD1	7	Demonstrates a very good level of technical accuracy, with very good precision, control and fluency. Has very good position-specific skills, accurate timing and more consistent application of skills with few errors and misjudgements consistent influence on the performance and motivation of others effective communication in the game applies tactical understanding and appreciation. Adapts well to changes in a competitive situation. Can independently and safely prepare for, and recover from, a variety of different types of physical activity	Demonstrates a very good level of technical accuracy, with good precision, control and fluency. Has very good position-specific skills, accurate timing and more consistent application of skills with few errors and misjudgements consistent influence on the performance and motivation of others effective communication in the game applies tactical understanding.
		MADD3 HADD2	8	Demonstrates an excellent level of technical accuracy, with good precision, control and fluency. Excellent position-specific skills with excellent timing and consistent application of skills with few errors and misjudgements. Consistent influence on the performance and motivation of others. Effective communication in the game and applies tactical understanding and appreciation. Adapts to changes in a competitive situation. Can independently and safely prepare for, and recover from, physical activity.	Understand and effectively apply the rules and regulations from a range of sports. Demonstrate accurate knowledge and understanding of skills, techniques and tactics and their use within a range of sports performance, sometimes leading to improvements Able to evaluate and provide accurate feedback on own and others
		HADD3	9	Demonstrates an excellent level of technical accuracy, with very good precision, control and fluency. Excellent position-specific skills with excellent timing and consistent application of skills, in a variety of sports, with few errors and misjudgements. Consistent influence on the performance and motivation of others. Effective communication in the game and applies tactical understanding and appreciation. Adapts to changes in a competitive situation. Can independently and safely prepare for, and recover from, physical activity Has an understanding of the impact of physical activity on a person's health, wellbeing and fitness	Understand and effectively apply the rules and regulations from a range of sports. Demonstrate accurate knowledge and understanding of skills, techniques and tactics and their use within a range of sports performance, always leading to improvements Able to evaluate and provide accurate feedback on own and others
			10	Demonstrates an outstanding level of technical accuracy, with good precision, control and fluency. Outstanding position-specific skills, outstanding timing and consistent application of skills with few errors and misjudgements. Consistent influence on the performance and motivation of others. Effective communication in the game and applies tactical understanding and appreciation. Adapts to changes in a competitive situation. Can lead the safe preparation for, and recovery from, physical activity	Understand and effectively apply the rules and regulations from a wide range of sports. Demonstrate accurate knowledge and understanding of skills, techniques and tactics and their use within a wide range of sports. Able to evaluate and provide accurate feedback on own and others performance, Always leading to improvements Has an in-depth understanding of the impact of physical activity on a person's health, wellbeing and fitness
			11	Demonstrates a mastery technical accuracy, with good precision, control and fluency. Mastery of position-specific skills and adaptable to perform in numerous positions. Accurate timing and more consistent application of skills with few errors and misjudgements. Outstanding influence on the performance and motivation of others. Has excellent communication in the game and applies tactical understanding and appreciation adapting to changes in a competitive situation. Can lead the safe preparation for, and recovery from, physical activity	Understand and effectively apply the rules and regulations from a wide range of sports Demonstrates detailed and accurate knowledge and understanding of skills, techniques and tactics, and justify their use within a wide range of sports Be able to evaluate and provide accurate feedback on own and others performance, always leading to improvements Has an in-depth understanding of the impact of physical activity on a person's health, wellbeing and fitness

			12	<p>Demonstrates a mastery including flair and creativity of technical accuracy, with outstanding precision, control and fluency. Adaptable to any position, incorporating skills associated with relevant position. Has outstanding timing and more consistent application of skills with few errors and misjudgements. Outstanding influence on the performance and motivation of others and effective communication in the game. Applies tactical understanding and appreciation adapting to changes in a competitive situation .Can lead the safe preparation for, and recovery from, physical activity</p>	<p>Understand and effectively apply the rules and regulations from a wide range of sports. Demonstrate detailed and accurate knowledge and understanding of skills, techniques and tactics, and justify their use within a wide range of sports. Able to evaluate and provide accurate feedback on own and others performance, always leading to improvements. Has an in-depth understanding of the impact of physical activity on a person's health, wellbeing and fitness</p>
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